

# Focus Supports

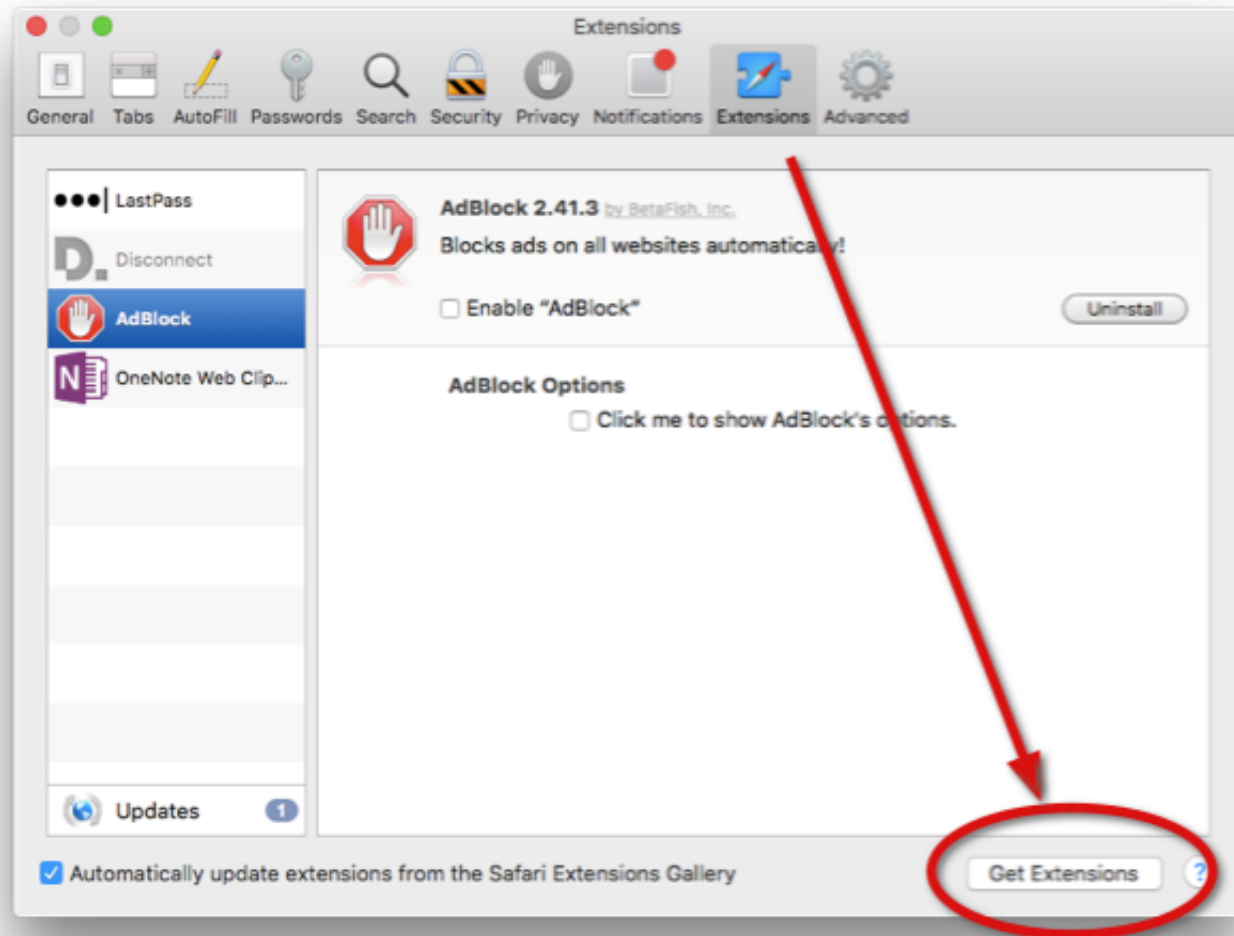
For those students who are easily distracted, there are a few plugins and add-ons to Safari that can help students stay focused.

- [Get Safari Extensions](#)
- [Search Safari Extensions](#)
- [AdBlock to Limit Web Distractions](#)
- [WasteNoTime to Stay Focused on the Internet](#)
- [OneNote Web Clipper to Highlight and Take Notes from the Web](#)

# 1. Get Safari Extensions

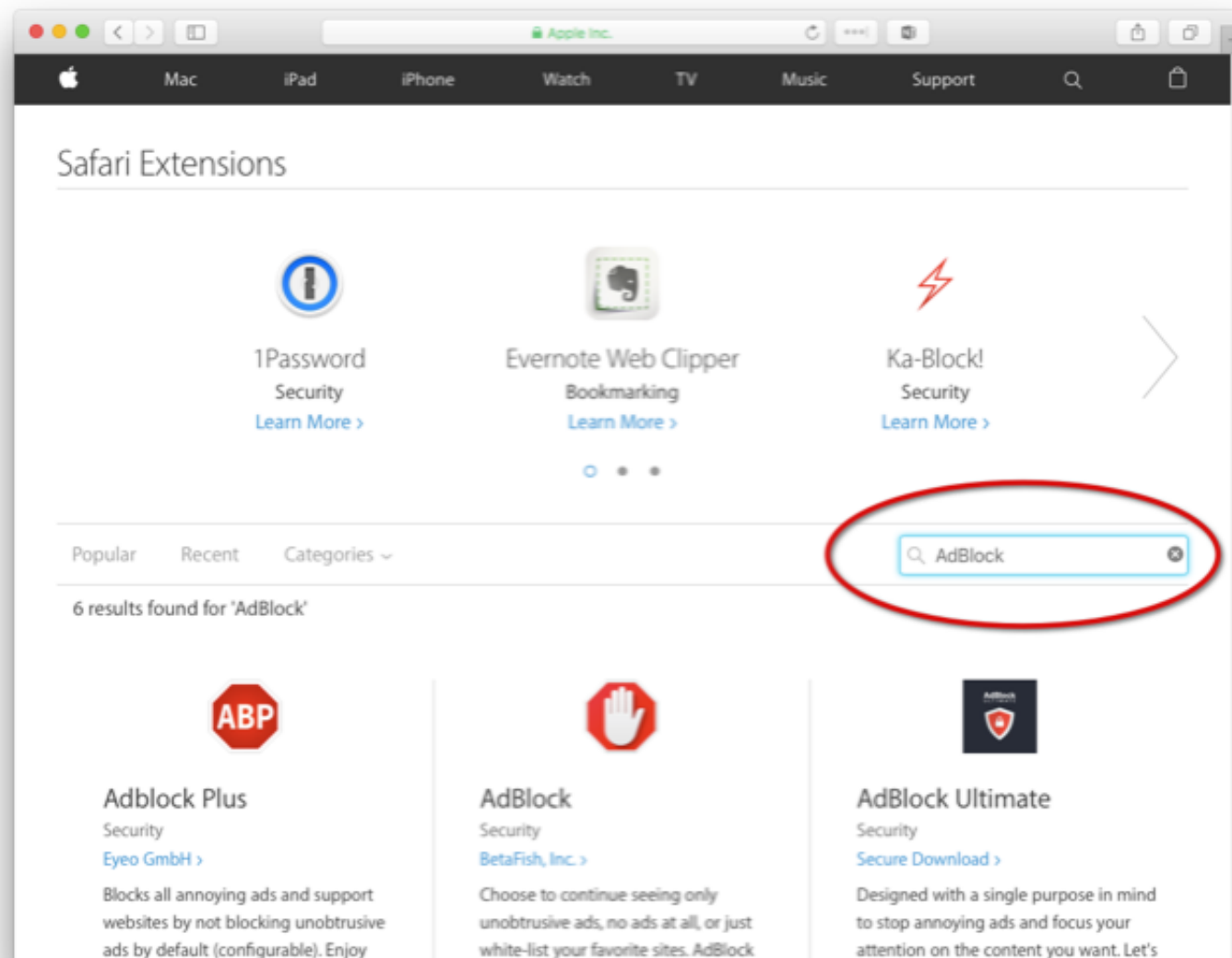
To find Extensions that can help students focus, navigate to:  
<https://safari-extensions.apple.com>

You can also always find a link to this website from within Safari's preferences. From the **Safari menu**, click **Preferences**. Then, select the **Extensions Tab**. To go to the Extensions gallery, click **Get Extensions**.



## 2. Search Safari Extensions

Use the Search bar at <https://safari-extensions.apple.com> to find the Extensions. Then, click on the Extension logo to read more about it and add it to Safari.



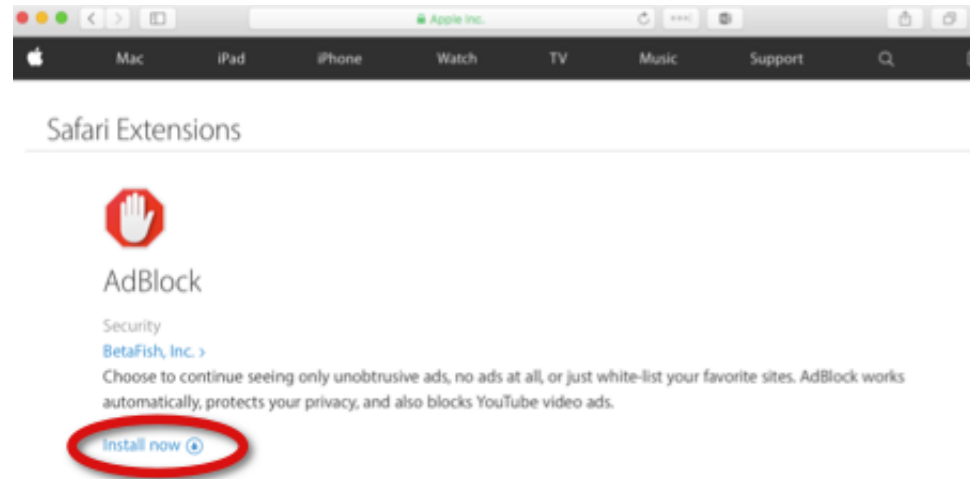
### 3. AdBlock to Limit Web Distractions

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AdBlock can be added to limit the number of ads a student sees while navigating the web. It can also be a useful tool for teachers who want to limit YouTube ads from displaying before playing clips online.

[https://safari-extensions.apple.com/details/?id=com.betafish.adblockforsafari-UAMUU4S2D9](https://safari-extensions.apple.com/details?id=com.betafish.adblockforsafari-UAMUU4S2D9)

After finding the Extension, click **Install now** to add it to your Safari browser.



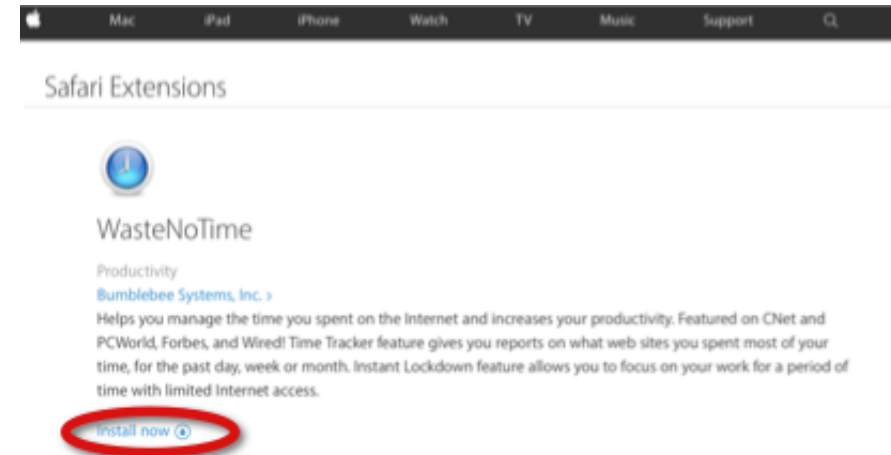
## 4. WasteNoTime to Stay Focused on the Internet

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WasteNoTime can be used to set what pages can be viewed for how long. Set yourself on lockdown to practice self-discipline and prevent yourself from taking status update breaks between taps. Also view what your website usage was over time.

<https://safari-extensions.apple.com/details/?id=com.bumblebee.wastenotime-E6Q24JUVVZ>

After finding the Extension, click **Install now** to add it to your Safari browser.



## 5. OneNote Web Clipper to Highlight and Take Notes from the Web

OneNote Web Clipper can be combined with your Office 365 account to take notes from websites and make highlights of articles as you read them.

<https://safari-extensions.apple.com/details/?id=com.microsoft.onenote.clipper-UBF8T346G9>

After finding the Extension, click **Install now** to add it to your Safari browser.

